



Grietje Knol-de Vries

Grietje Knol-de Vries (1981) studied Psychology and Human movement sciences at the University of Groningen. In 2012 she started as a PhD-student doing research on treatment modalities in both obstructive and central sleep apnea. Currently she is finishing her thesis on the therapeutic interventions in obstructive and central sleep apnea. She is working at the Department of Pulmonary Medicine at the University Medical Center Groningen (UMCG).



Lecture

MAD versus CPAP: a Randomized Controlled Trial in Moderate OSA

- Results from RCT: Clinical effectiveness of MAD vs. CPAP in moderate OSA
- Results from RCT: Cost-effectiveness of MAD vs. CPAP in moderate OSA
- Objective compliance is not different between MAD and CPAP
- Objective compliance is stable over time for both MAD and CPAP
- Subjective compliance is significantly higher for MAD than for CPAP